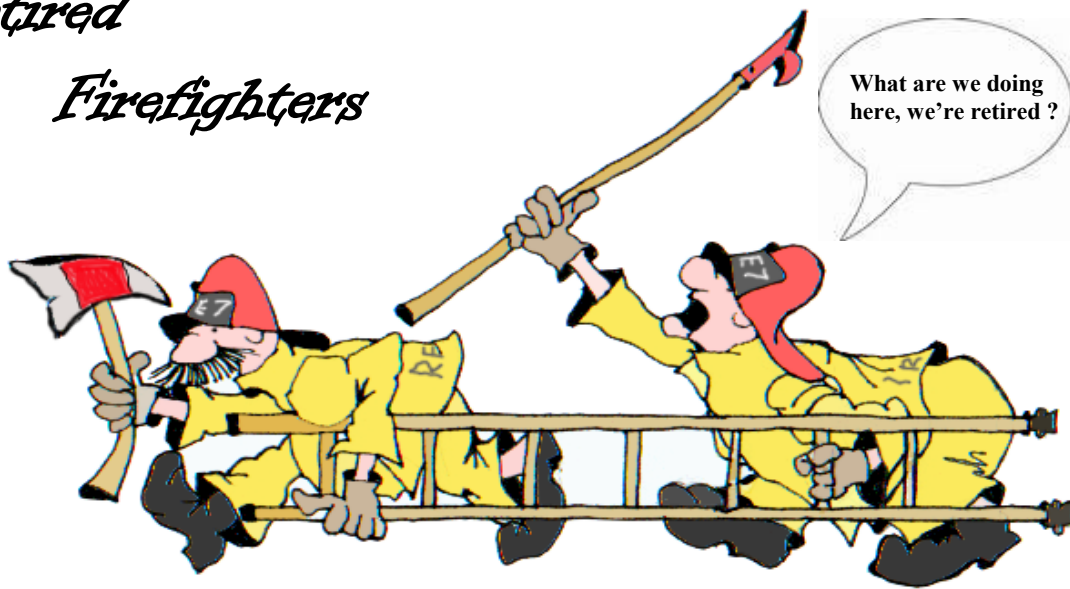




# *Retired Firefighters*



[cappyjoe@sbcglobal.net](mailto:cappyjoe@sbcglobal.net)



Next Lunch  
Jan. 20th, 2020  
Restaurant 205 Nugget Ave.  
11:am

May you have a

Here's wishing you  
12 month's of success,  
52 weeks of laughter,  
365 days of fun,  
8760 hours of joy,  
525600 minutes of good luck,  
31536000 seconds of happiness,

**Have a happy new year in 2020 !**





[cappyjoe@sbcglobal.net](mailto:cappyjoe@sbcglobal.net)**WHAT DO YOU MEAN, “NOTHING’S IMPOSSIBLE!” TRY SLAMMING A REVOLVING DOOR**

Just returned from the December lunch and it was a little light with only 21 people attending, including five California guys and two wives. Bruno Valdez came yesterday, all the way from Brownsville Texas. Bruno told me that he worked with Loreli on her last shift before quitting.

Not much to tell, except I have to thank Marilyn Newton for picking up my lunch today!

Reed Dopf brought a toy aerial ladder from his collection to show to the retirees. Reed has been collecting antique toys for many years.

I took a few pictures but they were not anything spectacular, so I won't be putting them in today !



## Another Facebook download, another story

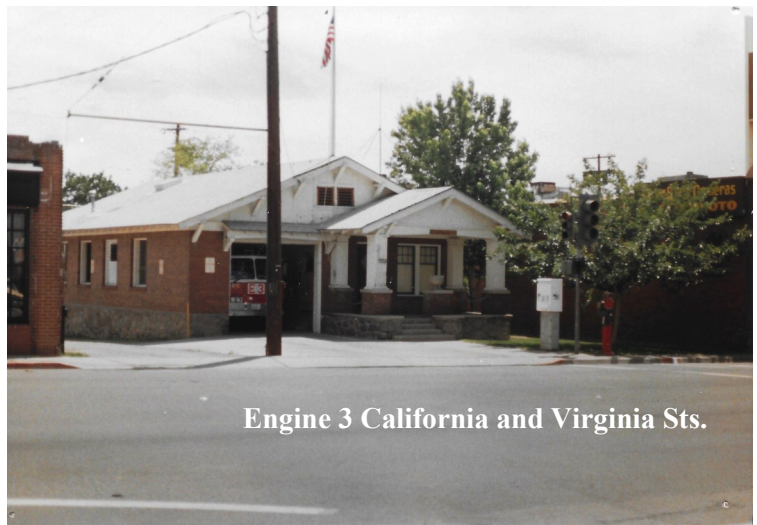
This was posted on Facebook today and it brought back a memory. The two Motor police officers were Bob Buley and Ed Epper. As the high school kids knew them, they were probably, the “Terrible Two” They both had connections to the Reno Fire Department. Ed Epper was Frank Epper’s brother. Frank retired from the RFD in 1973 and passed away in 2007. Bob Buley was the father in law of a Reno Fire Fighter.

Bob and Ed were notorious for catching speeders, especially the high schoolers. I had heard that there was a hit out for them by the high school kids, but that was probably all BS.

Bob and Ed would ride up to Engine Three and turn their motorcycles around in the drive way, facing the street. The motorists could not see them from either direction because the buildings on each side stuck out. They would BS with us for probably a half hour or more as they watched the cars pass by. If a car came by too fast, or ran a red light, usually Buley would kick start the bike and scream out of the driveway with his red lights and siren on. Ed wasn't as aggressive as Bob, but he stopped his share of drivers from there. I can't tell you how many times Buley almost became a statistic from that drive way because he would shoot out without looking at oncoming traffic. Once, I remember one vehicle rear ending another after Buley shot out of the driveway and the first vehicle slammed on the brakes.

One article I read from the Nevada State Journal said that the motor cops got \$3 per day more, because of hazardous duty.

Ed Epper passed away at a young age, around 1970.



Engine 3 California and Virginia Sts.

# Sam Saibini

## Christmas Baskets

Here it is January and I should have put this article in last month's newsletter. I have an animosity towards history being changed by anonymous people repeating stories that they have heard, and like the old game we played in the fourth grade of whispering something in the ear of the first student and passing it down the line to the last student, coming out with a completely different ending. That's how history is changed !

The Sam Saibini story started in 1932 when former Reno firefighter Sam Saibini asked the captains at each of the Reno fire stations to help him provide Christmas dinners for families in need, with firefighters donating \$1 each to help purchase food. As I heard it, Sam would collect food for the needy and he also delivered fire wood to some. When WW2 came along, Sam either enlisted, or was drafted in the U.S. navy along with Victor Marini in the army in October 10, 1942. They were the only two active firefighters that went to war from the RFD that I have heard of. During the Italian Revolution in 1945, they were not included because they were overseas, at war! When they came back., they were given their jobs back even though all the other Italians had quit. I am guessing that Sam continued with his basket program after he returned from Europe. I wish I had asked Sam about the story when I had the chance, but I didn't. Sam was born on August 3, 1909 and passed away on May 11, 1990.



### True Story How the basket program was re-started - Years later.

So, here is the true story about how the Sam Saibini Basket program was restarted many years after Sam had retired. It's been so long ago, that I could be accused of doing the same thing as I stated above. But I was there! It was sometime in the late 60s and started at Engine Three. Bob Kerns was the captain, I can't remember just who the operator was, and I am pretty sure I was still a hoseman and not the operator, along with Speedy. We were sitting at the coffee table in the morning and Bob said, "We should revive Sam Saibini's Christmas Basket program. We discussed it and decided it was a worth while project. So, I was elected from the four of us to take it by the horns and run with it. I called all of the fire stations on both shifts (*2 platoon at the time*) and collected as much money as I could. Again, I can't remember how much, but it was enough to buy four or five turkeys, canned food, bread and whatever. As I remember, it was less than \$50. Next, we called the Welfare Division and asked them for some names, which they gave us. After shopping for the food, I took it back to Engine Three on our next shift, and we put the baskets together. We couldn't deliver it, so a call was made to Central and Norman Doty was sent out with the 1956 Ford pickup, which at that time did not have a water pump and hose attached. Norm delivered the baskets all by himself.

Next year, Jim Tuohy got together with, Bob Kerns, and they did the same thing. It was a little bigger this time, only this time it got a write up in the newspaper (*Just my f— luck*) And as the years went along, it got bigger and bigger until it is as you see it now !

I delivered baskets for a few years after that and there were times when I wanted to take the baskets back, such as the time I delivered one on Winter Street. When the door opened, the female stood there in a nice dress, high heels with expensive looking jewelry and a nice hair-do. As I handed her the basket, she said, " Oh great, this is the second one today !" (*1 From another agency's list*) I gritted my teeth and handed her the basket, turkey and all! Then, there was the time I delivered one to an old house in the southwest and when the door opened, there stood an old woman in a bathrobe. I took the basket in and sitting in a wheel chair was her husband huddled next to the heater trying to keep warm. They were so grateful to get the turkey and basket that it almost made me want to come back and cook the meal for them,

Any way, The Sam Saibini Christmas Basket program is a tradition that I hope it will go on forever!

### December 1971

#### THE RENO FIREFIGHTERS LOCAL 731

Would Like To Thank All The  
Citizens, Businesses, And Schools  
In The Reno-Sparks Area For  
Making Our 1971 Sam Saibini  
Christmas Basket Fund Such A  
Great Success!

#### SPECIAL THANKS TO:

- \* LIBBY C. BOOTH SCHOOL
- \* ST. ALBERTS SCHOOL
- \* PLEASANT VALLEY SCHOOL
- \* HUNTER LAKE SCHOOL
- \* RIVERSIDE HOMEMAKERS
- \* SOUTHWORTH'S INC.
- \* FIRST NATIONAL BANK  
TRUST DEPARTMENT
- \* RENO ACES HOCKEY TEAM
- \* CUB SCOUT PACK 152

## Loreli Bode

Well, looks like I screwed up for the first time in my life ! In the last article I put in the newsletter about Loreli, I found a picture that I thought was Reno's First Female Firefighter, so I copied it and pasted it to the article. Well, it wasn't Loreli and she got back to me with the message below ! I have a retraction and I apologize to Loreli. **Sorry !** I told Loreli that they looked like twins. She said that she had heard that a lot !

*Just wanted to reply to this article about me. It seems you took a photo off of the Sargents Fine art gallery website and posted it as if it were me. Actually, the photo you used is of my co-worker, Kim! The first photo of me in the white shirt is ok. That is me in Thailand. There are literally hundreds of photos of me on my Facebook. Please put in a retraction about the wrong photo!*

*Also I noticed that you put in some information about John dudley in the newsletter. Just wanted to mention that he was one of the most helpful of the firefighters in my training. Whenever I would be at the airport fire station, he would take me out practicing driving all of the many types of vehicles at the airport. And he had so much practical information on every aspect of firefighting, different situations that will be encountered and how to best handle all of those events. So knowledgeable and a great instructor.*

Aloha  
Loreli



This is not Loreli !

After lunch Monday, I had talked to Roger Benge and Bruno Valdez and told them about being in contact with Loreli. Roger said that he wouldn't mind contacting Loreli and talking with her. Bruno told me that he had worked with Loreli on her last shift. I relayed this information to her Today, Loreli got back to me and here is the last message.

*I think I remember Bruno*

*I'd need to see a current photo of him, to be sure I am matching the correct person with my memories. In my memories of him, he is always smiling, a very happy person, unusually cooperative and a hard worker Feel free to give both of them my contact info - or perhaps they can visit if they come to Maui for a vacation this winter. Many tourists are here now, it's a busy season already*

*My last shift at the fire department was actually, for me, the completion of my time on the mainland USA as well. After that time, I moved back to Hawaii permanently and have since only been back for visits. When I first moved to Reno, it had kind of a small town atmosphere, a bit of the Wild West, cowboy, ranching - country atmosphere. By the time I left it was. getting more similar to L.A. every year and later when I have gone back for visits - so overdeveloped. So I am glad to have experienced Reno as it once was!*

**December 26,**

*I am pretty sure that this is the man I remember. You can ask him if he remembers working at the same station, main station is where I worked with him*

*Mahalo! And have happy holidays*





# New Years Eve 1961

## The First Riot !

It was a fun night, No monotony here ! It started with Engine 1 being called to Virginia Street to help quell a New Years Eve riot. It was fairly small when we first rolled up, but still had a lot of tension. We pulled up to Second and Virginia and stayed there for awhile, while the Reno PD shot canisters of tear gas at the crowd. I guess they didn't understand that they were suppose to run away from the tear gas, because they picked them up and threw them back, many landing under the fire engine.

Leonard Howard, Charlie Hansen and I were on the tail gate and our sinuses were cleared out that night as we stood there crying like babies. From there, we were told to respond to a possible fire in a restaurant on Island Avenue, which we were happy to do. Nothing there, so we went back to Central and listened to the riot on the police radio. Soon, we were called out. We again went to the corner of Virginia and Second St., but this time, we laid two lines. It was a fun night, we had fun spraying the crowd down and they had fun throwing bottles and shot glasses at us. Actually, it scared the hell out of me !

It was a little tense, with 5,000 angry people VS one little fire engine, three hosemen, one captain and one operator and a few cops. The crowd would advance towards us and we would wet them down. That crowd could have taken the hose line from us anytime, except we actually had quite a few civilians helping us move the hose lines around. One funny thing is that Chief Sorensen had us lay a single line to the hydrant, with an 1 1/8 inch tip attached and Charlie Hansen was to use that line as a back up if the crowd overwhelmed us! If Charlie had to opened that line, it would have done the Indian rope trick and whipped him around like a rag doll. It wasn't long after, when Engine Three was called to respond to the North end of Virginia Street at Commercial Row, to disperse the crowd. Claude Brannon was the Captain, Dwight Gregorson was the operator Frank Bussa and George Pearce were the hosemen.

There was a cop that had a loud speaker in a cop car, telling the crowd to disperse, among other things. Every time he would open up with the microphone, the bottles and glasses would shower us and the cop car. Mostly, the cop car ! You should have seen that car, it looked like it had been run through the ringer with all the dents. This cop wasn't too smart. He should have just kept his mouth shut, but he didn't. Like I said, there were many people helping us, including one young fellow who seemed to be our protector. Every time someone would get too close, he would throw a right hook and drop them. He looked like he was enjoying himself. I saw him a month later, and he said he had a few lawsuits pending against him!

Bottles were dropped from the roof of Harolds Club, and it is a wonder nobody was killed. Glasses and bottles were thrown at us, and we were lucky that we weren't hurt, although Dwight Gregorson, the Engine Three operator, was hit in his mouth with a glass cutting his lip. I looked up to see a glass coming my way and I ducked down in time for it to hit the rim of my helmet, then my lip, but it didn't break and I didn't get cut. We were there for about four hours before the riot settled down and we were allowed to return to Central Station.

It's been so long, that my memory has faded, but as I do remember, the next year there was another riot, and if I remember correctly, one civilian was killed at that riot, but not by a thrown bottle. I think he fell and hit his head on a car bumper or something. After that riot, the police department, the city, and the clubs got together and decided that all alcohol will be served in Styrofoam cups on New Years Eve. Now I see that you can't even have an open container on the streets, or you will be arrested. I looked up the riot in "Ancestry.com" and had a laugh as I read another story. It said that a woman called into the TV station on New Years Eve 1962, early in the evening, and wanted to know if the next riot (Midnight, 1963) **was going to be Televised** ?

This is whay Virginia Street looked like in those days !



Engine 1 sat here, middle of intersection. Charlie had the single line hooked up to the hydrant on the s/w corner of Virginia and Second Streets. When we arrived, the crowd was at the north end of Virginia Street near Harolds Club.



Engine 3 sat here hooked up at the N/W Corner. This is where Dwight Gregorson was hit in the mouth by a thrown drink glass.

# Retirements



## Mike Pilcher

Mike retired on January 6, 2020.



### Local 731

Hired March 14, 1988, Battalion Chief and Local 731 member Mike Pilcher is retiring after an amazing career. 32 years of dedicated service. Faithful family man, coach, community and labor advocate, Mike's devotion and love for the job will not go unnoticed. Enjoy your retirement!

Mike had this to say, " Thanks to all who guided me throughout my career. I feel blessed and humbled by the brotherhood!"

## Greg Claiborne



Chief Cochran had the privilege of awarding Captain Greg Claiborne his 35 Years of Service pin this morning. Capt. Claiborne is retiring on December 23, 2019. Thank you for your service to the City of Reno. Enjoy your retirement Greg, you have earned it..

### Local 731



Congratulations to Captain Greg Claiborne for 35 years of service with the City of Reno Fire Department. A full career working on many special teams, a military vet, safety officer, and a vibrant smile. With gratitude we say thank you for your hard work and good luck in your future adventures. Happy Retirement!

## Dick Nachtsheim



Dick retired as of January 2nd, 2020 I called Dick and had a chat. He told me that he had worked for Boise for two years, the BLM for eight years and then the RFD where he spent the last twenty five years.

Congratulations Dick, you will enjoy your retirement.

### Reno Firefighters Association

Congratulations to Division Chief Dick Nachtsheim on his recent retirement. Longtime Local 731 member, swift water rescue pioneer, Training Chief, and smoke jumper. Dick has been instrumental in fostering many programs that enhanced special teams, fire officer development and recruit training.



## Sean Diffenbach



Sean retired on December 30, 2019. He came to work in April 1998 after a five year stint with Carson City. I called Sean and we had a nice conversation. Sean said that he has a job lined up on an air force base in Enid Oklahoma as a driver /operator. He said that he is taking that job because he needs a few quarters for his Social Security, After he acquires the needed quarters, he will make a decision on whether he wants to keep working or not! He said that he would be vested in the Oklahoma retirement system in five years, but probably won't stay past the one year time.

### Local 731

Congratulations and thank you to Sean Dieffenbach for your dedication and service working as Firefighter and Operator at the Reno Fire Department. We are honored to have worked beside you and wish you the best of luck in your retirement. Thank You !



## Mark Hilty

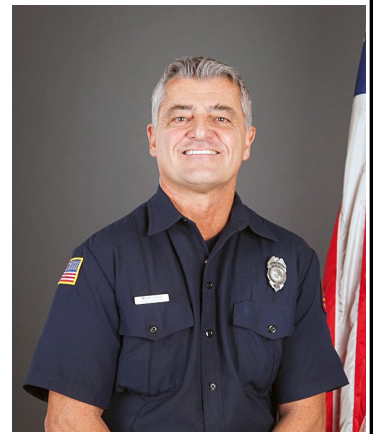
### Local 731

Long time firefighter Mark Hilty has dedicated the past two decades serving for the City of Reno as a loyal and stable member at the Reno Fire Department. Thank you Mark for your brotherhood and consistent work ethic around the firehouse. Enjoy your retirement and best of luck.

Hi Joe,

Thanks for reaching out...My last day on duty will be January 10th. I came on board with Reno Fire in Sept. of 1999. It was my first fire service job...I had been a Teamster driver in newspaper distribution in San Francisco previously.

No big plans in retirement...I still have young children at home so I will be locked in to the school schedule while my wife goes back to work. The house needs a lot of work so that's on the list...Maybe look at getting back into fishing? That's about it. Thanks for the invite to the retiree luncheons!



## Dan Freshman

### Local 731

Congratulations Captain Dan Freshman on your retirement, and best of luck with your future ambitions. Dan was instrumental with hosting the "Sam Sabini" Christmas basket program and spent many hours as a "SCBA" technician (Self Contained Breathing Apparatus) repairing and testing critical fire equipment. Dan, your hard work has been appreciated and thank you for your service.



## Michele Hobbs

### Reno Firefighters Association

January 1

The heart of the Reno Fire Department, Michele Hobbs is retiring after a successful and challenging career. Michele was instrumental with the day to day operations as well as important grant funding and business administration. Michele you will be missed. Thank you from your Reno Firefighters and enjoy your retirement.



### Truckee Meadows Firefighters Association IAFF 2487

Vince Thomas

Today (1/6/2020) is Captain Thomas' last day of his last shift. At 8 am tomorrow Captain Thomas will close the books on 31 years of service. Thank you Capt, we're all proud to have served with you! Enjoy your retirement

This morning was all about TMFPD Captain Vince Thomas. We celebrated his retirement with a traditional final FireEngine ride home, along with a few tears. Captain Thomas served his community for more than 30 years. He has been a mentor and highly respected by his colleagues. We wish him the very best of everything. Godspeed Captain Thomas!





Last month, I put an article about the City Managers mis-information, telling about the advantage of combining the fire department and police department to lower the cost for the city of Reno.

Today, I came across an article from both fire departments and police department that contradicts what the City Manager has said !

## Nevada State Journal

ESTABLISHED NOVEMBER 15, 1879 Nevada's Largest Morning and Sunday Newspaper ESTABLISHED NOVEMBER 15, 1879  
PHONE 8-4121 RENO, NEVADA. MORNING TEN CENTS ON NEWSSTANDS

January 16, 1960

### Policeman—Firemen Combination Hit as unrealistic

Reno and Sparks Firemen yesterday termed City Manager C.B. Kinnison's suggestion to integrate the fire and police departments, as completely unrealistic and misinformed.

Kinnison tossed out the idea at Wednesday's council meeting that policemen be equipped to fight fire as well as catch crooks. Sparks Fire Chief Bill Farr speaking from the sanctuary of the neighboring city, trotted out statistics to show Kinnison's integrated department idea has proven worthless elsewhere. Kinnison said: "Integration of the two departments on a limited basis has been tried with great success in many other places." Farr replied yesterday, "Many fire departments in the U.S. have tried this, it's nothing new, and all of them except two have given it up!"

Chief Farr added, "If integration had worked, we chiefs would be the first to advocate it - We are cognizant of the tax costs to the people. Reno Fire Chief Wagner Sorensen remained silent on the hotly disputed proposal, "I have not been formally informed of the integration plan" he said. But his firemen, alarmed that the residents might feel the department is over staffed, released statements to indicate "it's practically impossible to get an efficient policeman and fireman out of one officer." Kinnison had suggested that policemen carry fire equipment in their patrol cars.

The firemen represented by Bill Davis of the Reno Firemen's Association, declared that the initial cost of the switchover to an integrated department overrides the economy sought by Mr. Kinnison. Moreover, the residents will pay more fire insurance if the departments are integrated, said Davis. The Reno Fire Department, with policemen and firemen would be down rated by the National Board of Fire Underwriters as a volunteer department.

Chief Farr listed several reasons why an integrated department could not work. 1. Residents would be lured into false security, thinking an evidently increased personnel would provide better fire protection, which it won't. 2. When emergencies arise such as the Sierra and Lake Street holocausts, the complete strength of both fire and police is needed. If another disaster happens, the police would be needed there. 3. Very expensive mutual training programs would be needed. 4. Additional equipment for the police would be expensive.

5. Tests to prove physical qualifications and mental attitudes for firemen and police, are different.
6. Patrol cars and equipment would stand idle while the police fight fires, and the police department is already undermanned.
7. Far reaching studies over many years by national fire groups conclude that integrated fire departments provide poor fire service and weaken the police protection. This includes the International Association of Firefighters and the International Association of Fire Chiefs.

"I was surprised to see the subject brought up again" said Chief Farr, "It was discredited years ago." Farr pointed out that Kinnison's own National City Managers Association has decided against integrating fire and police departments.

Kinnison, in reporting to the council, noted that an average city of 50,000 people is costing more than \$13 per person. Davis declared the Reno Fire Department, unlike most departments must provide protection for a 24 hour town. "This means responding full force to casinos, restaurants, service stations and etc."

Kinnison said that Reno has 35 to many firemen. Chief Farr replied with statistics that Reno is rated as a 60,000 town. The board requires that one fire company be operating for every 5,000 persons in a Class 1 Department. Therefore, a town of 60,000 people will require 12 engine companies or 60 firemen for a 24 hour shift. Reno firemen work a 24 hour shift and then another 60 firemen come on, for a total of 120. (before three platoon) Also needed for a 60,000 population department are 12 Captains, 1 Battalion chief, 1 Fire Chief, 1 Clerk 5 Fire Prevention, 1 arson investigator, 1 Alarm Attendant, which boosts the total fire personnel to 164.

Additionally, said Chief Farr, "Some 25 men are needed full time to handle days off and sick leave and vacations." "A class 1 department total of 189 full time firemen for a city the size of Reno. The Reno Fire Department now has 100 firefighters, 89 too few."

Again, thanks for a strong union, and in this case, thanks for Chief Bill Farr. This idea didn't go very far !



## Reno House Fire, December 16, 2019

Someone took a great picture of a house fire on December 16, 2019. I always said I wish they had digital cameras when I was an operator, I damn sure would have had one and many good pictures that an operator has the opportunity to take after the final set up.

When I was an operator, the cameras were film cameras and costly to have the film processed. With a digital, you can take 400 or more at no cost. That's why I decided to learn to process film which I did in my bathroom, after buying a \$300 enlarger, a red safelight and other darkroom equipment probably another \$200 or \$300 at that time, but it was still expensive to process the film.

This picture reminds me of an emergency that we had sometime in the 60s. Back then, the Indian Colony was on Reservation Road, off of Second Street and the majority of the homes there were shacks. Every time we would get a call there, we could expect to have some

kind of trouble. Usually, when we rolled into the reservation, the kids would throw rocks at us.

The Captain at Engine Three was Bob Kerns, I don't remember who the operator was, but Speedy and I were the hosemen. One day, we received a call to respond to the reservation. When we arrived, we found an old shack with no doors and windows with no glass. As I remember, there was a small fire and we took the booster in to put it out. As we stood there ready to take the booster out, all of a sudden, there was a flash over coming from a back room. There was no way there should have been a flash over with no doors or windows, but it rolled over the top of us and out the open door front. We ducked, and were lucky that none of us were hurt. We figured that this had to be a set up, and I don't think we even called FPB because it was one of those things that happened at the reservation.

Another story that come to memory, was a call to Wells Avenue just south of Vassar Street. Leonard Howard was the Captain at Engine Three. The call came in as a fire in a small laundry. Engine Three arrived and the place was fully involved, but they made a quick stop. After the fire was knocked down enough for the crew to enter and check it out, Leonard found a stick of dynamite sitting on a shelf inside. I was the Tillerman and was sitting far enough away that I probably would not have been hurt. This definitely was a set up !

Just think, if that stick of dynamite had gone off, it would have killed at least three firefighters.

## Another story just to fill in some space

It was sometime in the 1980s. Don't remember what station I was at, but I was the Captain. We got a call that there was a fire in a large storage facility on either Linden or Grove Streets, and we responded. It was a First Alarm. When we arrived, the building was lit up and we laid lines then proceeded to extinguish the fire. We went inside through the front roll up doors. There was nothing spectacular and we had the fire out in a hurry.

After the fire was out, we went through the building to see what damage there was, and had a surprise. It was loaded with 55 gallon barrels full of typewriter cleaning fluid, some of the barrels had no tops on them, and they were full ! Good thing that we made a quick stop because that could have been disastrous .







Hello,

My name is Danny Kilborn and I am the Peer Support Team Coordinator with Reno Fire. We are currently looking for nominations, both active and retired, to add to our team. Lisa Mays requested I send this email to you in order to have it forwarded to the retiree list that you have. If you or anyone else has any questions please feel free to reach out to Lisa (Lisa Mays [nvfirechick@me.com](mailto:nvfirechick@me.com)) or myself.



The RFD Peer Support Team is seeking new team members. The purpose of the Peer Support Team is to provide our public safety family with personal, one-to-one support, and referral during times of personal or professional difficulty.

The RFD Peer Support Team is comprised of volunteers who work in public safety (active or retired). A nominee should be someone interested in helping others and will agree to maintain confidentiality regarding peer contact. They should be empathetic, possess strong interpersonal skills, possess effective communication skills, and be willing to meet training requirements.

All RFD personnel are encouraged to submit names of individuals that you feel would make a strong peer supporter regardless of rank, assignment or seniority. Nominees are encouraged to include retirees, line personnel, administrative staff, mechanics, logistics, or fire prevention. We will comprise a list of peer support nominees who will be contacted for further participation. For the team's continued success, it needs to be comprised of peers that are trusted and selected by their peers. Your participation in nominating future peer support team members will help create a more effective and well-rounded team. **Please send your nominations to [rfdpeersupport@iaff731.org](mailto:rfdpeersupport@iaff731.org) or [kilbornd@reno.gov](mailto:kilbornd@reno.gov).**

Please see attachment for a description of the nomination process in its entirety. If you have any questions, please contact me. Danny Kilborn B-Shift Firefighter Reno Fire Department



## RFD Peer Support Team Peer Support Member Nomination Process

Any member of the Reno Fire Department may submit the name(s) of a peer to the Peer Support Program Coordinator for consideration as a peer supporter. You may nominate more than one person for the Peer Support Team.

### Peer Support Member Qualifications:

- Someone you feel you could go to with a problem.
- Would agree to maintain confidentiality.
- Is empathetic and possess strong interpersonal skills.

### Outline of Nomination Process:

1. Open nomination process, ongoing.
  - a. Peers notified that nomination process is open and the need for new team members.
2. Comprise list of potential peer supporters based on nominations from peers.
3. Nominated potential team members contacted for further participation.
  - a. A list of interested individuals will be maintained until openings become available on the team.
4. Oral Interviews of interested individuals.
  - a. The interview will be comprised of a panel.
  - b. It is anticipated that interviews will be held 1-2 per year when the team has positions open.
5. Selection of new peer support team members.
  - a. Considerations for selection of peer support persons include, but are not limited to: previous education and training, resolved traumatic experience, and desirable interpersonal qualities, such as maturity, judgement and personal and professional credibility.
6. Successfully complete the training program set forth by the Peer Support Team Policy.
  - a. **Required Basic Peer Support Training course. (February 6 & 7, 2020)**

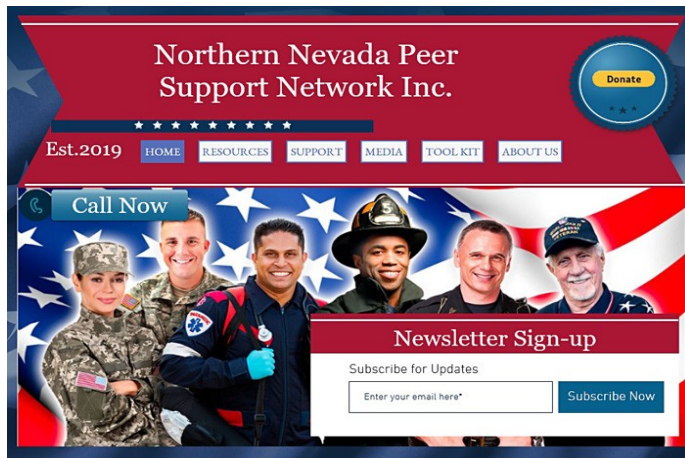
New Peer Support Members that join the team will be expected to remain on the team for a minimum of 3 years absent any extenuating circumstances. Team members must also commit to meeting the ongoing minimum training requirements set forth by the Peer Support Team Policy.

Questions or comments, contact Danny Kilborn at [kilbornd@reno.gov](mailto:kilbornd@reno.gov).

# TMFPD Web Site!



Derek Reid contacted me today and asked permission to put my "Retirees Newsletter" in his new Truckee Meadows Fire Protection District web site. I told him I would be tickled to death if he did so. I looked at what he has done so far and I am impressed. Below are two pictures of the website and a story from Derek follows !



I asked Derek to put something in an email about what he is doing. Here is an email message I received today, which was also CC'd to Doyle Sutton and Ross Rytting. If you want to go to the active web site, type in [www.NNPSN.com](http://www.NNPSN.com) in your search bar and send it out ! There are 6 drop down boxes with many areas in each box.

My name is Derek Reid with Truckee Meadows Fire Protection District. I am also the founder and president of the Northern Nevada Peer Support Network Inc.(NNPSN). I am writing you today to inquire about your interest in having any retiree group(s) listed under the **Support Tab** of the [www.NNPSN.com](http://www.NNPSN.com) website. I have cc'ed Joe Granata to this email which I believe your acquainted.

For a little background on the NNPSN. We represent a network of first responders in Northern Nevada across all service branches and jurisdictional boundaries. This includes Fire, Law Enforcement, EMS, Military, and Hospital professionals. We are also providing a place on the website where retirees and armed forces veterans from all service branches can connect. This could be defined as a luncheon or group that gathers for family or extracurricular activities. Our mission as NNPSN is to help all first responders in the private and government sectors live the very best lives possible. This means to us that we as an industry keep the connection with each other and support one another even after the bell sounds. We are a not-for-profit organization in the making and should be a 501c3 by February 2020.

Suicide statistics in our industry is a tragic truth that not many want to admit. That is why the mental health and wellness of our members active and retired are so important to us. The website in conjunction with social media is a way for those that have done their time get in touch and see what is happening out there for those that have served. The website is [www.nnpsn.com](http://www.nnpsn.com). Please take a look under the '**SUPPORT**' tab on the home page. Scroll down to '**RETIRED/VETERANS**'. From there, click on the '**FIRE**' (red tab) at the top. The page is still under construction and I hope to be adding something that would support your group and many others. If you would like more information, please feel free to contact me directly.

Thank you for your time,

**Derek Reid**

Captain | Truckee Meadows Fire Protection District

Northern Nevada Peer Support Network Inc.

email: [nnpsn775@gmail.com](mailto:nnpsn775@gmail.com) | Cell: 775.560.6042

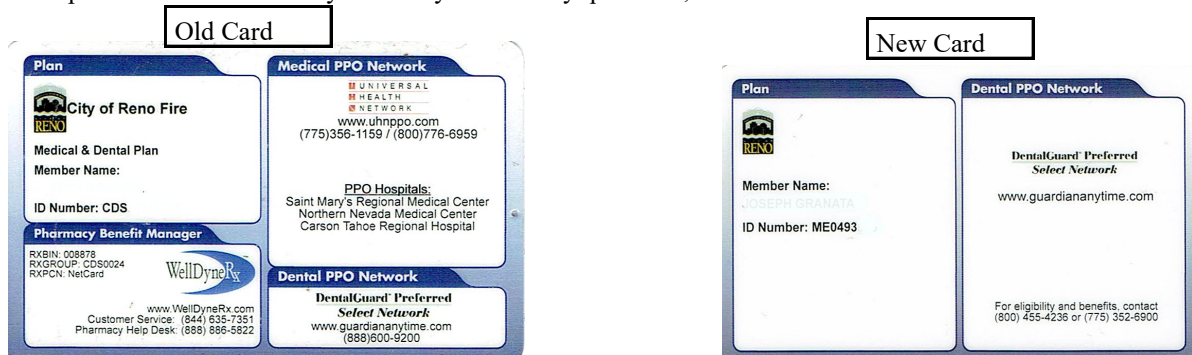


# New CDS Medical Card

I received an email from Jerry Havnear the other day. It said, "**Hartford customer service: 1 800 236 4782 If you haven't received anything from new Hartford insurance, call customer service asap, per customer service rep.**" I wasn't sure what the message referred to, so I called Jerry and asked him. It turns out that Jerry had just signed up for the Hartford Insurance and had a question, so he called the Hartford Rep and passed this on. One of the questions Jerry had, was coverage for dental and vision. For some reason, he was thinking that it was covered under the Medicare Insurance. I told him that last year, Marlene told me that we should keep the CDS card because it still covered dental and vision. I may have misunderstood her, because when I looked at my new card, then compared it to the old one, I discovered that dental was the only thing appearing on both cards.

I decided to call CDS and ask them if anything had changed in the coverage and was told that CDS only covered dental, but vision was covered by VSP (Vision Service Plan) which is apparently another plan that we have. I called Marlene and she said that VSP did cover our vision, but CDS administered it.

Last week, I received a new CDS medical card, which looked a lot different than the old one. I see that under "PPO Hospitals" all that information has been removed. That is probably because we can now go to any hospital we select, anywhere in the U.S. I hope I haven't confused anyone? If you have any questions, call Marlene at Human Resources.



Marlene sent this to me today and I decided to put it in the newsletter. I just hope it isn't too small for you to read!

## Get access to the best in eye care and eyewear with CITY OF RENO and VSP® Vision Care.

As a VSP member, you have access to care from great eye doctors, quality eyewear, and the affordability you deserve, all at the lowest out-of-pocket costs.

### You'll like what you see with VSP.

- **Value and Savings.** You'll enjoy more value and the lowest out-of-pocket costs.
- **High Quality Vision Care.** You'll get the best care from a VSP network doctor, including a WellVision Exam®—the most comprehensive exam designed to detect eye and health conditions.
- **Choice of Providers.** The decision is yours to make—choose a VSP network doctor, a participating retail chain, or any out-of-network provider.
- **Great Eyewear.** It's easy to find the perfect frame at a price that fits your budget.

### Using your VSP benefit is easy.

- **Create an account at vsp.com.** Once your plan is effective, review your benefit information.
- **Find an eye doctor who's right for you.** Visit [vsp.com](http://vsp.com) or call 800.877.7195.
- **At your appointment, tell them you have VSP.** There's no ID card necessary. If you'd like a card as a reference, you can print one on [vsp.com](http://vsp.com).

**That's it! We'll handle the rest**—there are no claim forms to complete when you see a VSP provider.

### Choice in Eyewear

From classic styles to the latest designer frames, you'll find hundreds of options. Choose from featured frame brands like bebe, CALVIN KLEIN, Cole Haan, Flexon®, Lacoste, Nike, Nine West, and more.<sup>1</sup> Visit [vsp.com](http://vsp.com) to find a Premier Program location that carries these brands. Plus, save up to 40% on popular lens enhancements.<sup>2</sup> Prefer to shop online? Check out all of the brands at [eyeconic.com](http://eyeconic.com)®, VSP's preferred online eyewear store.



## Your VSP Vision Benefits Summary

CITY OF RENO and VSP provide you with an affordable eye care plan.

VSP Coverage Effective Date: 07/01/2018

VSP Provider Network: VSP Advantage

Benefit	Description	Copay	Frequency
<b>Your Coverage with a VSP Provider</b>			
WellVision Exam	• Focuses on your eyes and overall wellness	\$10	Every 12 months
Prescription Glasses		\$25	See frame and lenses
Frame	• \$120 allowance for a wide selection of frames • \$140 allowance for featured frame brands • 20% savings on the amount over your allowance • \$65 Costco® frame allowance	Included in Prescription Glasses	Every 24 months
Lenses	• Single vision, lined bifocal, and lined trifocal lenses • Polycarbonate lenses for dependent children	Included in Prescription Glasses	Every 12 months
Lens Enhancements	• Standard progressive lenses • Premium progressive lenses	\$55 - \$105	Every 12 months
Contacts (instead of glasses)	• \$120 allowance for contacts and contact lens exam (fitting and evaluation) • 15% savings on a contact lens exam (fitting and evaluation)	\$0	Every 12 months
<b>Glasses and Sunglasses</b>			
• Extra \$20 to spend on featured frame brands. Go to <a href="http://vsp.com/specialoffers">vsp.com/specialoffers</a> for details.			
• 20% savings on additional glasses and sunglasses, including lens enhancements, from any VSP provider within 12 months of your last WellVision Exam.			
<b>Extra Savings</b>			
<b>Laser Vision Correction</b>			
• Average 15% off the regular price or 5% off the promotional price; discounts only available from contracted facilities			

### Your Coverage with Out-of-Network Providers

Get the most out of your benefits and greater savings with a VSP network doctor. Your coverage with out-of-network providers will be less or you'll receive a lower level of benefits. Visit [vsp.com](http://vsp.com) for plan details.

Exam	up to \$47	Lined Bifocal Lenses	up to \$50	Progressive Lenses	up to \$50
Frame	up to \$45	Lined Trifocal Lenses	up to \$60	Contacts	up to \$100
Single Vision Lenses	up to \$30				

Coverage with a participating retail chain may be different. Once your benefit is effective, visit [vsp.com](http://vsp.com) for details. Coverage information is subject to change. In the event of a conflict between this information and your organization's contract with VSP, the terms of the contract will prevail. Based on applicable laws, benefits may vary by location. In the state of Washington, VSP Vision Care, Inc., is the legal name of the corporation through which VSP does business.